

KETAMINE AWARENESS

Ketamine is a drug used by doctors for operations. Some people use it recreationally because it can cause out-of-body feelings and change how you see things.

Did You Know?

Ketamine is sometimes called “**Ket**” or “**Special K**”, and because it can make people feel detached from reality, it can be especially dangerous in busy environments, near roads, water, or when mixed with alcohol or other drugs.

• THE EFFECTS OF KETAMINE

- Hallucinations
- Euphoria and relaxation
- Confusion
- Nausea and vomiting
- Anxiety
- Loss of control over your body
- Slurred speech and blurred vision
- Lack of ability to feel pain
- Increased heart rate and blood pressure
- Disassociation/detachment from your body

SUMMER UNLOCKED



HARM REDUCTION:

- Don't mix, stick to one or none!
- Test it in a small amount to know what you're taking.
- Check your surroundings
- Always start small even if you've had it before
- Do you trust the people you are with?

Do you know how to spot the signs of an overdose? Should you be carrying Nyxoid? Speak to Aquarius to find out more or get support: www.aquarius.org.uk

